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\*\*For a typical 14.6 sq metres/17.5 sq yards area



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# Restaurant first place at awards



Lussmanns Fish & Grill won three awards in October

By **Katrina Turrill**  
Trainee Reporter

AN INDEPENDENT fish restaurant in St Albans is celebrating a triple awards success.

Lussmanns Fish & Grill, the independent group with restaurants in St Albans, Hertford and Harpenden, received three awards during October.

On October 5, Lussmanns St Albans was voted and judged Best Local Restaurant at the St Albans and Harpenden Food and Drink Awards 2015.

The Lussmanns team enjoyed another celebration on October 18, when Lussmanns St Albans was

named runners-up in three categories of the 12th annual Observer Food Monthly Awards 2015.

The independent brasserie restaurant was selected in the 'Best restaurant', 'Best Cheap Eats' and 'Best Ethical Restaurant' categories of the awards, representing readers' choices for their ideal place to eat, their money-saving favourite for a meal under £15 and the most sustainable, environmentally friendly and charitable eateries.

To wrap up a successful season, on Monday, October 26, owner Andrei Lussmann attended the Eat Out Awards in London, where they won 'Best Adoption of Sustainability'.

## Lonely help plea

A CHARITY for elderly people are urging residents in St Albans to put on Christmas activities so no-one is left alone.

Friends of the Elderly have found that 35 per cent of people aged 60 and above in St Albans are affected by loneliness. Last year there were only four Christmas Day activities across Hertfordshire for older people.

Activities allow those who would usually spend Christmas alone to come together and enjoy the festivities with other people in their community.

In St Albans 10,934 elderly people are likely to spend Christmas alone.

Friends of the Elderly

are working with another charity – Community Christmas – to organise more activities for elderly people this year.

Steve Allen, chief executive at Friends of the Elderly, said: "Loneliness can have a devastating impact on older people and those we work with tell us that becoming isolated from a community they were part of can be especially difficult.

"We're calling on individuals, organisations and businesses to put on activities on Christmas Day to bring together older people who don't want to be alone."

For more details visit [fote.org.uk/Christmas](http://fote.org.uk/Christmas)